

SYLLABUS FOR CLASS 7TH (SESSION 2025-26)

ENGLISH

FA1 1. Hopscotch 2. Gulli-danda

Poem The echoing Green

Grammar: Everything at the end of each chapter, synonyms and antonyms, verbs, Paragraph writing, Diary Entry

FA2: Those six days

Poem: A trek through the Himalayas

Grammar: Adjectives and degree of comparison, Punctuation, Dialogue writing, Poster making.

FA3 Henry: a Chameleon

Poem: Foolish Questions

Grammar: Articles and Determiners, Pronouns, Letter writing: Formal Letter, Paragraph Writing, and Message Writing

FA4 One Earth to One World

Poem: Where the mind is without fear

Grammar: Prefixes, Tenses, Informal Letter and Paragraph Writing.

FA5 Sir Lawley's Ghost

Poem: The little green Orchard

Grammar: Narration, Conjunctions, Notice Writing

FA6 Apologize

Poem: The English Lesson

Grammar: Adverbs, Story Writing

SA One Earth to One World, Apologize, Sir Lawley's Ghost

Poem: Where the mind is without fear, The English Lesson

Grammar: Narration, Adverbs, Conjunctions, Prepositions, Letter Writing (Formal and Informal), Paragraph Writing and Notice Writing

SCIENCE

FA1: Chapter 1: Nutrition in plants Chapter 2: Heat

FA2: Chapter 3: Acid bases and salts Chapter 4: Nutrition in animals

FA3: Chapter 5: Physical and Chemical Changes Chapter 6: Respiration in organisms

FA4: Chapter 7: Transportation in animals and plants Chapter 8: Motion and time

FA5: Chapter 9: Reproduction in plants Chapter 10: Electric current and circuits

FA6: Chapter 11: Light Chapter 12: Forests: Our lifeline Chapter 13: Waste water story.

SA Chapter 1: Nutrition in plants Chapter 2: Acid bases and salts Chapter 3: Respiration in organisms Chapter 4: Electric current Chapter 5: Light

SOCIAL SCIENCE

FA1 History Lesson 1: Tracing Changes through A Thousand Years. Civics Lesson 1: On Equality Geography Lesson 1: Environment

FA2 History Lesson 2: New Kings and Kingdoms Civics Lesson 3: How the State Government Works Geography Lesson 2: Inside Our Earth

FA3 History Lesson 3: The Delhi Sultans Civics Lesson 4: Growing Up As Boys and Girls Geography Lesson 3: Our Changing Earth

FA4 History Lesson 4: The Mughal Empire Civics Lesson 5: Women Change the World Geography Lesson 4: Air

FA5 History Lesson 5: Tribes, Nomads and settled communities Civics Lesson 6:

SYLLABUS FOR CLASS 7TH (SESSION 2025-26)

Understanding Media Geography Lesson 5:
Water

FA6 History The making of regional cultures
Civics Lesson 7: Markets Around Us
Geography Lesson 6: Natural Vegetation And
Wildlife

SA History The making of regional cultures
10: Eighteenth- Century Political Formations
Civics Lesson 9: Struggles For Equality
Lesson 10: Structures of the Governance in
J&K and Ladakh. Geography Lesson 7: Life in
the deserts Lesson 10: Jammu And Kashmir -
Life And People

MATHEMATICS

FA1 • Integers • Rational Numbers

FA2 • Simple Equations • Lines and Angles

FA3 • Perimeter and Area • Triangles

FA4 • Exponents and Powers • Data Handling

FA5 • Fractions • Visualizing Solids

FA6 • Comparing Quantities • Algebraic
Expressions

SA • Algebraic Expressions • Triangles •
Perimeter and Area

URDU

FA 1 . Chapter no. 1 and 2

Noun and it's kinds.

FA 2.Chapter no. 3 and 4

Verb and it's kinds.

FA 3.Chapter no. 5 and 6

Idioms, Sentences and Essay writing

FA 4.Chapter no. 7 and 8

Letter writing.

FA 5.Chapter no 9 and 10

Grammar.

FA 6.Chapter no 11,12 and 13

SA. Chapter no. 15, 16 and 17.

KASHMIRI

FA1 - دُعا ۲. سِیا ۱

FA2 پائی گيوم، ه چٿهى ۲. لداخ، پيٿ ۱

FA3 هُك، كٽ ۱. كاشر زبان ۲. ترے ل

FA4 كانبل ۲. شامدان ۱

FA5 باباجتو ۲. ڈل ۱

FA6 پالستڪ ۲. موج ۱

۱. دعا ۲. پائی گيوم ۳. كاشر زبان ۴. كانبل ۵. بابا جتو SA
پالستڪ ۶.

MUSIC → Classical music and western music
→

classical song's: Western Song → Musical and
unmusical sound → Thaata like billawal thaata,
kafi thaata, kaliyaan thaata, beherwi thaata. →
Two Alankar in teen taal → Two alankar in
keharwa taal → Two alankar in dadra taal →
Saptak or octave and kinds of octave → Akaar
and alankar → Speed or laya and its kinds →
Teen taal, keharwa taal and dadra taal → Filmy
songs Bolly woad song? /Kashmiri → prayer
songs and school songs → Give me in my heart
Hartaraf Hard Har Jagak cap poi → Vocal
practise Si singing practice

SYLLABUS FOR CLASS 7TH (SESSION 2025-26)

Moral Science

Term I : Chapters 1 to 7

Term II: chapters 8 to 14

General Knowledge

Term I : Chapters 1 to 35

Term II: chapters 36 to 69

HINDI

FA1

1. हम पंछी उन्मुक्त गगन के
2. हिमालय की बेटियाँ
3. मिठाईवाला

व्याकरण: भाषा, वर्ण विचार, कारक, विलोम, पर्यायवाची और अनेक शब्द ।

FA2

4. शाम-एक किसान
5. रहीम के दोहे
6. एक तिनका

व्याकरण

संधि, शब्द विचार, सूचना लेखन।

FA3

7. नीलकंठ
8. भोर और बरखा
9. और भी दूँ

व्याकरण

संज्ञा, लिंग, सर्वनाम, काल।

FA4

10. जम्मू-कश्मीर की झीलें
11. दाता रणपत
क्रिया, विराम चिह्न।

FA5

12. दोहा एकादश
13. लद्दाख का विवाह-उत्सव
विज्ञापन लेखन, पत्र लेखन।

FA6

14. स्वामी अमरनाथ की यात्रा
15. हिमालय और हम।
विशेषण, क्रिया विशेषण
निबंध लेखन।

SA

1. नीलकंठ
2. लद्दाख का विवाह-उत्सव
3. हिमालय और हम।
4. एक तिनका
5. हिमालय की बेटियाँ

व्याकरण

वर्ण विचार, संधि, कारक विशेषण,
निबंध लेखन, पत्र लेखन।

SYLLABUS FOR CLASS 7TH (SESSION 2025-26)

PUNJABI

FA 1

ਪਾਠ :- ੧ ਪੱਥਰ ਦਾ ਟੁਕੜਾ
੨ ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ

FA 2

ਪਾਠ :- ੪ ਪ੍ਰਦੂਸਣ
੫ ਸਜਣ ਨੂੰ
੬ ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਜੀ

FA 3

ਪਾਠ :- ੭ ਗੁਪਾਲਾ ਗੁਲਿਆ
੮ ਲੋਹੜੀ
੧੩ ਸੁੰਦਰ ਟੁਕੜੀ ਤਰਾਲ ਦੀ

FA 4

ਪਾਠ :- ੭ ਭਾਈ ਘਨਇਆ ਜੀ
੧੧ ਮਾਂਝਾਂ ਸਾਡਾ ਲੋਕ ਨਾਚ

FA 5

ਪਾਠ :- ੧੨ ਇੰਟਰਨੈਟ
੧੪ ਬੇਈਮਾਨ ਦੋਸਤ
੧੭ ਬਾਲਾਂ ਲਈ

FA 6

ਪਾਠ:- ੧੫ ਭਾਈ ਮਰਦਾਨਾ ਜੀ
੧੬ ਸਾਵਨ ਦਾ ਮਹੀਨਾ
੧੯ ਇਕ ਹਊਕਾ
ਪਾਠ:- ੧. ਪ੍ਰਦੂਸਣ
੨. ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਸਾਹਿਬ ਜੀ
੩. ਭਾਈ ਘਨਇਆ ਜੀ
੪. ਸਾਵਨ ਦਾ ਮਹੀਨਾ
੫. ਭਾਈ ਮਰਦਾਨਾ ਜੀ
ਵਿਆਕਰਨ :- ਵਿਸ਼ਾ ,ਖੱਤ

COMPUTER

FA 3- Chapters 1 to 5

FA 6 - Chapters 6 to 10