

SYLLABUS FOR CLASS 7TH (SESSION 2025-26)

ENGLISH

FA1 1. Hopscotch 2. Gulli-danda

Poem The echoing Green

Grammar: Everything at the end of each chapter, synonyms and antonyms, verbs, Paragraph writing, Diary Entry

FA2: Those six days

Poem: A trek through the Himalayas

Grammar: Adjectives and degree of comparison, Punctuation, Dialogue writing, Poster making.

FA3 Henry: a Chameleon

Poem: Foolish Questions

Grammar: Articles and Determiners, Pronouns, Letter writing: Formal Letter, Paragraph Writing, and Message Writing

FA4 One Earth to One World

Poem: Where the mind is without fear

Grammar: Prefixes, Tenses, Informal Letter and Paragraph Writing.

FA5 Sir Lawley's Ghost

Poem: The little green Orchard

Grammar: Narration, Conjunctions, Notice Writing

FA6 Apologize

Poem: The English Lesson

Grammar: Adverbs, Story Writing

SA One Earth to One World, Apologize, Sir Lawley's Ghost

Poem: Where the mind is without fear, The English Lesson

Grammar: Narration, Adverbs, Conjunctions, Prepositions, Letter Writing(Formal and Informal), Paragraph Writing and Notice Writing

SCIENCE

FA1: Chapter1: Nutrition in plants Chapter2: Heat

FA2: Chapter 3: Acid bases and salts Chapter 4: Nutrition in animals

FA3: Chapter 5: Physical and Chemical Changes Chapter6: Respiration in organisms

FA4: Chapter7: Transportation in animals and plants Chapter8: Motion and time

FA5: Chapter 9: Reproduction in plants Chapter 10: Electric current and circuits

FA6: Chapter 11: Light Chapter 12: Forests: Our lifeline Chapter 13: Waste water story.

SA Chapter 1: Nutrition in plants Chapter 2: Acid bases and salts Chapter3: Respiration in organisms Chapter4: Electric current Chapter5: Light

SOCIAL SCIENCE

FA1 History Lesson 1: Tracing Changes through A Thousand Years. Civics Lesson 1: On Equality Geography Lesson 1: Environment

FA2 History Lesson 2: New Kings and Kingdoms Civics Lesson 3: How the State Government Works Geography Lesson 2: Inside Our Earth

FA3 History Lesson 3: The Delhi Sultans Civics Lesson 4: Growing Up As Boys and Girls Geography Lesson 3: Our Changing Earth

FA4 History Lesson 4: The Mughal Empire Civics Lesson 5: Women Change the World Geography Lesson 4: Air

FA5 History Lesson 5: Tribes, Nomads and settled communities Civics Lesson 6:

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Understanding Media Geography Lesson 5:

Water

FA6 History The making of regional cultures

Civics Lesson 7: Markets Around Us

Geography Lesson 6: Natural Vegetation And Wildlife

SA History The making of regional cultures

10: Eighteenth- Century Political Formations

Civics Lesson 9: Struggles For Equality

Lesson 10: Structures of the Governance in

J&K and Ladakh. Geography Lesson 7: Life in the deserts Lesson 10: Jammu And Kashmir - Life And People

MATHEMATICS

FA1 • Integers • Rational Numbers

FA2 • Simple Equations • Lines and Angles

FA3 • Perimeter and Area • Triangles

FA4 • Exponents and Powers • Data Handling

FA5 • Fractions • Visualizing Solids

FA6 • Comparing Quantities • Algebraic Expressions

SA • Algebraic Expressions • Triangles • Perimeter and Area

URDU

FA 1 . Chapter no. 1 and 2

Noun and it's kinds.

FA 2.Chapter no. 3 and 4

Verb and it's kinds.

FA 3.Chapter no. 5 and 6

Idioms, Sentences and Essay writing

FA 4.Chapter no. 7 and 8

Letter writing.

FA 5.Chapter no 9 and 10

Grammar.

FA 6.Chapter no 11,12 and 13

SA. Chapter no. 15, 16 and 17.

KASHMIRI

FA1 . دعا۔ سیا ۱۔

پائی کیوم۔ ہ چھی ۲۔ لاخ ہ پیٹ ۱

ہ ک ہ کت ۱ کاشر زبان ۲۔ ترے ل ۳

کانبل ۲۔ شاہدان ۱

باباجتو ۲۔ ڈل ۱

پالسٹک ۲۔ موج ۱

۱۔ دعا ۲۔ پائی کیوم ۳۔ کاشر زبان ۴۔ کانبل ۵۔ بابا جتو ۶۔ پالسٹک

MUSIC → Classical music and western music

classical song's: Western Song → Musical and unmusical sound → Thaat like billawal thaat, kafi thaat, kaliyan thaat, beherwi thaat. → Two Alankar in teen taal → Two alankar in keharwa taal → Two alankar in dadra taal → Saptak or octave and kinds of octave → Akaar and alankar → Speed or laya and its kinds → Teen taal, keharwa taal and dadra taal → Filmy songs Bolly woad song? /Kashmiri → prayer songs and school songs → Give me in my heart Hartaraf Hard Har Jagak cap poi → Vocal practise Si singing practice

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Moral Science

Term I : Chapters 1 to 7

Term II: chapters 8 to 14

General Knowledge

Term I : Chapters 1 to 35

Term II: chapters 36 to 69

HINDI

FA1

1. हम पंछी उन्मुक्त गगन के
2. हिमालय की बेटियाँ
3. मिठाईबाला
व्याकरण: भाषा, वर्ण विचार, कारक, विलोम, पर्यायवाची और अनेक शब्द।

FA2

4. शाम-एक किसान
5. रहीम के दोहे
6. एक तिनका
व्याकरण
संधि, शब्द विचार, सूचना लेखन।

FA3

7. नीलकंठ
8. भौर और बरखा
9. और भी दूँ
व्याकरण
संज्ञा, लिंग, सर्वनाम, काल।

FA4

10. जम्मू-कश्मीर की झीलें
11. दाता रणपत्र
क्रिया, विराम चिह्न।

FA5

12. दोहा एकादश
13. लद्दाख का विवाह-उत्सव
विजापन लेखन, पत्र लेखन।

FA6

14. स्वामी अमरनाथ की यात्रा
15. हिमालय और हम।
विशेषण, क्रिया विशेषण
निबंध लेखन।

SA

1. नीलकंठ
2. लद्दाख का विवाह-उत्सव
3. हिमालय और हम।
4. एक तिनका
5. हिमालय की बेटियाँ

व्याकरण

वर्ण विचार, संधि, कारक विशेषण,
निबंध लेखन, पत्र लेखन।

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PUNJABI

FA 1

ਪਾਠ :- 1 ਪੱਥਰ ਦਾ ਟੁਕੜਾ
2 ਮਹਾਰਾਜਾ ਰਣਜੀਤ ਸਿੰਘ

FA 2

ਪਾਠ :- 8 ਪ੍ਰਦੂਸ਼ਣ
4 ਸਜਣ ਨੂੰ
੬ ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਜੀ

FA 3

ਪਾਠ :- 9 ਗੁਪਲਾ ਗੁਲਿਆ
੮ ਲੈਹਾਰੀ
੧੩ ਸੁਦਰ ਟੁਕੜੀ ਤੁਗਲ ਦੀ

FA 4

ਪਾਠ :- 9 ਭਾਈ ਘਨੀਓਆ ਜੀ
੧੧ ਮਾਂਛਾਂ ਸਾਡਾ ਲੋਕ ਨਾਚ

FA 5

ਪਾਠ :- ੧੨ ਇੰਟਰਨੈੱਟ
੧੪ ਬੈਟੀਗਲ ਦੋਸਤ
੧੭ ਬਾਲੁਂ ਲਈ

FA 6

ਪਾਠ:- ੧੫ ਭਾਈ ਮਰਦਾਨਾ ਜੀ
੧੬ ਸਾਫ਼ਨ ਦਾ ਮਹੀਨਾ
੧੮ ਇਕ ਹੁਉਂਗ

FA 6

ਪਾਠ:- ੧. ਪ੍ਰਦੂਸ਼ਣ
2. ਗੁਰੂ ਹਰਗੋਬਿੰਦ ਸਾਹਿਬ ਜੀ
3. ਭਾਈ ਘਨੀਓਆ ਜੀ
8. ਸਾਫ਼ਨ ਦਾ ਮਹੀਨਾ
4. ਭਾਈ ਮਰਦਾਨਾ ਜੀ
ਵਿਆਵਰਨ :- ਵਿਸਾ, ਖੱਤ

COMPUTER

FA 3- Chapters 1 to 5

FA 6 - Chapters 6 to 10